

Candy 5 (U6) Instructional, Age 5

Equipment Needed:

- Size 3 soccer ball
- Shin guards
- Soccer shoes (preferred but not required - better traction for running) or athletic shoes
- Black soccer shorts
- Water bottle

Team

- Single sex (all boy and all girl teams)
- Up to 8 players per team
- Play 5 vs. 5 on a small field with no goalie
- Coach can be on the field to provide instruction
- Players should play a minimum of half the game

Practices (Finley Ray Park)

- One night per week for about 1 hour.
- Day and time determined by the head coach

Games (Finley Ray Park)

- 9-10 games in spring season, 10 games in fall season
- Mostly on Saturdays, perhaps 1 or 2 Sunday (1:00 pm or after) and/or weeknight games
- Four 8 minute quarters
- 1 minute break between quarters, 5 minutes at half
- Kids love for the parents to make a tunnel for them to run through at the end of the game

Uniforms

- Game shirt and socks provided
- When selecting uniform size, please allow for use in Spring and Fall season; also allow for clothing to be worn underneath
- In cooler weather, players may wear turtleneck/sweatshirt and leggings/sweatpants **UNDER** their uniform. Socks must be worn **OVER** long pants

Weather

- Soccer is played in **ALL** weather conditions except lightning
- Games are rarely cancelled at Finley Ray Park

Other

- No jewelry
- No earrings (not even with a Band-aid)
- No hard headbands, beads, or barrettes in hair
- Have **FUN** and start to learn the game of soccer!